



INDIAN HILLS MIDDLE SCHOOL 2026-2027

7th Grade Course Request Form

Submit Course Requests Online by February 13, 2026

All 7th grade students must take the following classes as required by the USBE. ELA and Math have advanced options. Visit <https://ihmsstudentcenter.wixsite.com/ihms/class-schedule> for information about replacing a required class or meeting requirements through a different institution. Additional paperwork must be submitted.

Please see the attached "Course Description" sheet OR find course descriptions online here:
<https://coursecatalog.canyonsdistrict.org/#/CourseCatalogHome>

Step 1 - Choose an English Language Arts class:

- | | | |
|--------------------------------|------------------|-----|
| <input type="checkbox"/> 45050 | ELA 7 (on-level) | 1.0 |
| <input type="checkbox"/> 45060 | ELA 7H (honors) | 1.0 |

Step 2 - Choose a Math class:

- | | | |
|--------------------------------|-------------------|-----|
| <input type="checkbox"/> 50000 | Math 7 (on-level) | 1.0 |
| <input type="checkbox"/> 50010 | Math 7H (honors) | 1.0 |

Step 3 - Choose a Social Studies class:

- | | | |
|--------------------------------|----------------------------|-----|
| <input type="checkbox"/> 60001 | UT Studies (on-level only) | 1.0 |
|--------------------------------|----------------------------|-----|

Step 4 - Choose a Science class:

- | | | |
|--------------------------------|---------------------------|-----|
| <input type="checkbox"/> 30530 | Science 7 (on-level only) | 1.0 |
|--------------------------------|---------------------------|-----|

Step 5 - Choose a Health class:

- | | | |
|--------------------------------|--------------------------|-----|
| <input type="checkbox"/> 70080 | Health 7 (on-level only) | 0.5 |
|--------------------------------|--------------------------|-----|

Step 6 - Choose a PE class:

The following three (3) classes meet the state's physical education requirement. **Please rank** in order of preference, with #1 being your top choice and #3 being your last.

- 70070 PE Team Sports
- 70170 Strength & Conditioning
- 714.. Dance (1-2, appropriate level)

#1 Choice: _____

#2 Choice: _____

#3 Choice: _____

Step 7 - Electives

1. FLIP THIS PAGE to view all elective options.
2. Rank your top 7 elective choices using the space available.
3. Proceed to Step 8.

Step 8 (final) - Submit your course requests online via the Google form here:

LINK: <https://tinyurl.com/56ttst29>

QR:



Please rank your TOP 7 ELECTIVE CHOICES. Schedule changes/corrections will not be made for elective classes ranked in the student's top 5 choices. Class offerings are subject to change at any time.

MY #1 ELECTIVE CHOICE: _____

MY #2 ELECTIVE CHOICE: _____

MY #3 ELECTIVE CHOICE: _____

MY #4 ELECTIVE CHOICE: _____

MY #5 ELECTIVE CHOICE: _____

MY #6 ELECTIVE CHOICE: _____

MY #7 ELECTIVE CHOICE: _____

Chinese Dual Language Immersion

The following classes are requirements for our students continuing in **Chinese Dual Immersion** and are not available as general elective options. DLI students must take both classes to maintain status.

- | | |
|--|-----|
| <input type="checkbox"/> 42020 Chinese 3H (^) | 1.0 |
| <input type="checkbox"/> 42047 Chinese Culture & Media (^) | 0.5 |

Service & Leadership Opportunities

An application is required for all service and leadership opportunities. Applications are available in the Student Center or online.

- | | |
|--|-----|
| <input type="checkbox"/> 02170 Latinos in Action (*) | 1.0 |
| <input type="checkbox"/> 02071 Peer Tutoring (*) | 0.5 |

Visual Arts

- | | |
|---|-----|
| <input type="checkbox"/> 10260 Art 1 (\$ @) | 0.5 |
| <input type="checkbox"/> 10270 Art 2 (\$ *) | 0.5 |

Writing/Public Speaking

- | | |
|---|-----|
| <input type="checkbox"/> 46557 Creative Writing 1 | 0.5 |
| <input type="checkbox"/> 16451 Debate 1 | 0.5 |
| <input type="checkbox"/> 46400 Journalism | 0.5 |

Dance

It is recommended to rank "Dance" as your #1 PE preference AND in your top 1-3 elective choices for best chance of placement.

- | | |
|---|-----|
| <input type="checkbox"/> 71460 Dance 1 (@) | 0.5 |
| <input type="checkbox"/> 71470 Dance 2 (\$ *) | 1.0 |

World Languages

- | | |
|--|-----|
| <input type="checkbox"/> 41000 French 1 | 1.0 |
| <input type="checkbox"/> 41800 Spanish 1 | 1.0 |

Healthy Lifestyles

- | | |
|--|-----|
| <input type="checkbox"/> 70170 Strength & Conditioning | 0.5 |
|--|-----|

Music

- | | |
|---|-----|
| <input type="checkbox"/> 13254 Choir 1 (semester) | 0.5 |
| <input type="checkbox"/> 13253 Choir 1 (full-year) | 1.0 |
| <input type="checkbox"/> 13355 Concert Choir (*) | 1.0 |
| <input type="checkbox"/> 13300 Guitar 1 | 0.5 |
| <input type="checkbox"/> 13310 Guitar 2 (*) | 0.5 |
| <input type="checkbox"/> 13065 Band 1: Woodwinds (\$) | 1.0 |
| <input type="checkbox"/> 13070 Band 1: Brass (\$) | 1.0 |
| <input type="checkbox"/> 13084 Band 1: Percussion (\$) | 1.0 |
| <input type="checkbox"/> 13465 Concert Band (\$ *) | 1.0 |
| <input type="checkbox"/> 13520 Percussion Ensemble (\$ *) | 1.0 |
| <input type="checkbox"/> 13025 Orchestra 1 (\$) | 1.0 |
| <input type="checkbox"/> 13035 Orchestra 2 (\$ *) | 1.0 |

Career & Technical Education

- | | |
|---|-----|
| <input type="checkbox"/> 87820 Coding & Robotics (\$) | 0.5 |
| <input type="checkbox"/> 83240 Exploring Business & Marketing | 0.5 |
| <input type="checkbox"/> 80017 Exploring Technology (\$) | 0.5 |
| <input type="checkbox"/> 80450 Manufacturing Technology (\$) | 0.5 |
| <input type="checkbox"/> 87087 FCS A (Sewing & Design) (\$) | 0.5 |
| <input type="checkbox"/> 87097 FCS B (Cooking & Childcare) (\$) | 0.5 |

LEGEND

- (\$) Class Fee OR Submit Fee Waiver Form: feeschedules.canyonsdistrict.org/#/home/405
- (*) Prerequisite class, teacher approval, or application required.
- (^) Chinese DLI Program only.
- (@) Students may not repeat this class if already taken in 6th grade.
- (0.5) This is a semester class.
- (1.0) This is a full-year class.

COURSE DESCRIPTIONS - 7th Grade

7th Grade Honors ELA (1.0)

The content focus for this course includes using reading, writing, speaking, and listening as tools for inquiry, with students investigating meaningful questions, evaluating multiple perspectives, and constructing interpretations grounded in evidence and dialogue aligned to Utah's ELA standards. Students engage in sustained thinking by generating questions, collaborating to make sense of texts, and revising ideas through purposeful writing and discussion. Instruction emphasizes depth of exploration, intellectual risk-taking, and reflection, with students applying literacy skills across texts, topics, and contexts to develop understanding over time. This course supports the development of confident, engaged learners with the habits of mind needed for increasingly complex literacy demands.

7th Grade Honors Math (1.0)

The content focus for this course includes four critical areas of mathematical foundational skills: (1) proportional relationships; (2) operations with rational numbers, expressions, and linear equations; (3) scale drawings and informal geometric constructions, and problems involving the use of area, surface area, and volume; (4) drawing inferences about populations based on samples. College Prep Math 7H content provides opportunities for increased rigor through inquiry, collaboration, and curriculum depth.

Art 1 (0.5)

This class provides an overview of visual arts while studying a variety of art tools and materials.

Art 2 (0.5)

Prerequisite: Art 1

This class provides an overview of visual arts while studying a variety of art tools and materials.

Band 1 – Brass (1.0)

This beginning band class focuses on the trumpet, horn, trombone, or tuba. Practice and concerts outside of class time and instrument are required. Instrument required (\$).

Band 1 – Percussion (1.0)

This beginning band class is offered for students who wish to learn mallet percussion instruments such as xylophone and marimba, as well as snare drum and other percussion instruments. Practice and concerts outside of class time are required. Percussion kit required (\$).

Band 1 – Woodwinds (1.0)

This beginning band class focuses on the flute, oboe, or clarinet. Practice and concerts outside of class time are required. Saxophone must start with clarinet. Instrument required (\$).

Choir 1 (beginning, semester) (0.5)

This semester course emphasizes quality vocal production, part-singing, and music reading skills. Rehearsals and performances outside of class time are part of the course requirement and will constitute a portion of the grade.

Choir 1 (beginning, full year) (1.0)

See above, full year class.

Coding & Robotics (0.5)

This course teaches beginning coding through the development of games, apps, and robotics. Focus is on active learning, exploration, and combining electrical, mechanical, and engineering design principles. Students will learn to design, build, program, and control robotic devices.

Concert Band (1.0)

Prerequisite: Band 1 or Audition/Interview

This intermediate-level band course increases musical proficiency through performance and study of music. Practice, rehearsals, and concerts outside of class time are required. Instrument required (\$).

Concert Choir (1.0)

This class is an advanced vocal music group using advanced choral literature and techniques of singing. Rehearsals and performances outside of class time are required and constitute a portion of the grade.

Creative Writing 1 (0.5)

This course is designed to introduce students to imaginative composition. The study and writing of personal experiences, character sketches, short fiction, and poetry is emphasized.

Dance 1 (0.5)

This course offers instruction on the fundamentals of dance techniques and composition. *(This class can satisfy the PE requirement, or it can be taken as an elective in addition to the traditional PE class.)*

Dance 2 (1.0)

*Prerequisite: Dance 1 or Teacher Approval
(tessa.homer@canyonsdistrict.org)*

This full-year intermediate course emphasizes techniques, choreography, and improvisation. *(This class can satisfy the PE requirement, or it can be taken as an elective in addition to the traditional PE class.)*

Debate 1 (0.5)

This course is designed to introduce students to debate, analysis, reasoning, delivery skills, organization, writing techniques and research. The course provides opportunities for impromptu speaking, original oratory, and extemporaneous speaking.

Exploring Business & Marketing (0.5)

Students will have the opportunity to explore the essential concepts in Business, Finance, and Marketing Career Cluster. Students will participate in business basics, marketing, employment skills, entrepreneurship, accounting, finance, leadership learning activities, and running the school's PBIS store.

Exploring Technology (0.5)

Exploring Technology is a comprehensive, action-based, course that introduces students to technology and its impact on society. Students will explore Engineering and at least three of the following seven technology areas: agriculture and biotechnology, construction, energy and power, information and communication, manufacturing, medical, and transportation.

FCS A (Family & Consumer Sciences – Sewing & Design) (0.5)

This course provides the opportunity to learn essential life skills such as interior design, clothing construction and style, textiles, consumerism, free enterprise, and job-related tasks.

COURSE DESCRIPTIONS - 7th Grade

FCS B (Family & Consumer Sciences – Cooking & Child Care) (0.5)

This course provides the opportunity to learn essential life skills such as childcare, food and nutrition, family relationships, personal responsibility, consumerism, free enterprise, and job-related tasks.

French 1 (1.0)

This class is taught using the High School curriculum.

Students learn to understand, speak, read and write in French using basic lists of memorized phrases, giving personal information about self, family and friends, and expressing likes, dislikes, preferences, and needs.

Guitar 1 (0.5)

This course introduces learning to play a guitar. Emphasis will be placed on reading music, fundamental technique in the first position, simultaneous singing and playing, and tone production. Practice outside of class time and instrument required (\$).

Guitar 2 (0.5)

Prerequisite: Guitar 1 or Teacher Approval.

This course is designed to provide guitar students with more advanced strums, bar chords, and melodic playing. Practice outside of class time and instrument required (\$).

Journalism (0.5)

This class is designed to train students in newspaper writing and reading. Interviewing and editing are emphasized. Students complete a class newspaper and film weekly videos for the school containing announcements, interviews, and brief lessons.

Latinos in Action (1.0)

A leadership class designed to empower bilingual Latinos through culture, service, and education. Students are provided an avenue to develop leadership, citizenship and mentoring skills. Students do not need to identify as Latinx to choose this class. Application required.

Manufacturing Technology (0.5)

This course introduces students to changing raw materials into finished projects. Materials used include wood, metals, and plastics. Students will also explore the many careers associated with the manufacturing process.

Orchestra 1 (1.0)

This beginner class focuses on the violin, viola, cello, or string bass. Practice and concerts outside of class time and instrument required (\$).

Orchestra 2 (1.0)

Prerequisite: Instructor approval

This is an intermediate-level class. Practice, rehearsals, and performances outside of class time are required. Instrument required (\$).

PE (Team Sports) (0.5)

This course is designed to teach sports that involve and require group participation and cooperation. *(This class satisfies the PE requirement.)*

Peer Tutoring (0.5)

Students assist the teachers and students in our ACC classroom. This is an excellent opportunity for building empathy and leadership skills. Application required.

Percussion Ensemble (1.0)

Prerequisite: Band 1 or Teacher Approval

This intermediate-level course is designed to improve skills for students with drum or mallet percussion experience (i.e., marimba, xylophone, and bells). Rehearsals and performances outside of class time are required. Percussion kit required (\$).

Spanish 1 (1.0)

This class is taught using the High School curriculum.

Students learn to understand, speak, read and write in Spanish using basic lists of memorized phrases, giving personal information about self, family and friends, and expressing likes, dislikes, preferences, and needs.

Strength/Conditioning (0.5)

This course covers training techniques to enhance muscular strength, muscular endurance, as well as some aerobic conditioning. *(This class can satisfy the PE requirement, or it can be taken as an elective in addition to the traditional PE class.)*